



Information Sheet for Patients

TAGRISSO® (Osimertinib)

TAGRISSO® has been prescribed for you by your doctor. Some useful information about taking TAGRISSO® has been summarized for you below. Please also refer to the information about TAGRISSO® in the package insert included with each box of medication.

Why was TAGRISSO® prescribed to me?

TAGRISSO® was prescribed to you because your lung cancer has a specific genetic characteristic—a so-called EGFR mutation.

How do I take TAGRISSO®?



Take one 80 mg tablet once a day. Swallow the tablet whole with plenty of water. Do not crush, split, or chew the tablet.



Take the tablet at the same time every day.



You can take the tablet with or without meals.

Further information on how to take TAGRISSO® correctly and about medications you should not take with TAGRISSO® is found in the package insert.

Why is it so important to take it regularly?

Early stages: Even after surgery, chemotherapy, or radiation therapy, individual cancer cells can remain in the body. Taking TAGRISSO® regularly helps delay a recurrence by keeping disease activity low.

Advanced stages: The goal is to use medication to slow tumor growth for as long as possible and preserve quality of life.

How much TAGRISSO® should I take?

The recommended dosage is one 80 mg tablet once daily. If necessary, your doctor may reduce the dose to one 40-mg tablet once daily.

How should TAGRISSO® be stored?

Keep this medicine out of the reach of children. No special storage conditions are required.

What should I do if I ...

... forget to take the medication?

- Make a note of this date.
- If it will be more than 12 hours before your next dose, take the missed tablet as soon as you remember. Do not take the tablet if the next dose is due in less than 12 hours.
- Take your next regular dose at the usual time.

... took too many tablets?

- Contact your doctor or the nearest hospital immediately.

What else do I need to know?

- While taking TAGRISSO®, do not take St. John's wort (*Hypericum perforatum*).
- During treatment with TAGRISSO®, pregnancy must be prevented using effective contraception. Tell your doctor right away if you are pregnant, think you might be pregnant, or are planning to have a baby.
- Do not stop treatment without consulting your doctor.

What are the possible side effects?

- Like all medicines, this medication may cause side effects, although not every patient gets them.
- Notify your doctor as soon as possible if you notice anything unusual or experience any discomfort, even if you notice side effects that are not listed here or in the package insert.
- You should contact your doctor immediately especially if you experience sudden shortness of breath along with a cough and fever—as these could be signs of pneumonia.

These are very common side effects of TAGRISSO®:1



Diarrhea



Stomatitis (inflammation of the oral mucosa)



Loss of appetite



Itchy skin



Skin and nail disorders (pain, dry skin, rash, redness)

For a complete list of all known side effects, please refer to the package insert.

What can I do on my own to manage the side effects?

It is important that you report any side effects to your healthcare team. This way, you can receive the appropriate supportive medication and continue your treatment as usual. In addition to medication, there are also a few tips you can try on your own.

Diarrhea

- To replenish lost fluids, you should drink 2–4 liters a day. The following are suitable here, for example: water, unsweetened teas, vegetable broths, and electrolyte beverages.
- If you have acute diarrhea, eat easily digestible foods (such as bananas or boiled potatoes) in small portions.

Inflammation of the oral mucosa

- Follow your doctor's instructions for oral care.
- Use a soft-bristled toothbrush for your dental care.
- Rinse your mouth with water or salt water (½–1 tsp per liter of water) at least after every meal.

Loss of appetite

- Eat several small meals a day. Cold foods and cold drinks are often easier to digest.
- Try to make sure you always get enough calories. It might help you to track your daily calorie intake using an app or a diary.

Skin changes and itching

- If your skin is dry, cracked, or flaky, you should use moisturizing or even emollient skincare products that are fragrance-free, so they don't further irritate your skin.
- Don't wash your skin too often, and use only lukewarm water and mild, soap-free lotions.

Nail disorders

- Nail balm can have a nourishing and protective effect.
- If you have an inflamed nail bed, you can promote healing by soaking your nails in lukewarm, antibacterial water with curd soap or povidone-iodine.
- Don't cut your fingernails and toenails too short, and don't cut them "round"—cut them "straight" instead, so they don't grow in.

Additional support:

Patients who, like you, are taking cancer medication in tablet form are entitled to a consultation at the pharmacy. This so-called **pharmaceutical service** allows you to discuss with your pharmacist how to improve the use of the medication.

You can find a list of participating pharmacies here: www.apoguide.de



You can find additional information about the disease here: www.lungenkrebs.de