



## Information sheet for patients

# TAGRISSE<sup>®</sup> (OSIMERTINIB) + chemotherapy

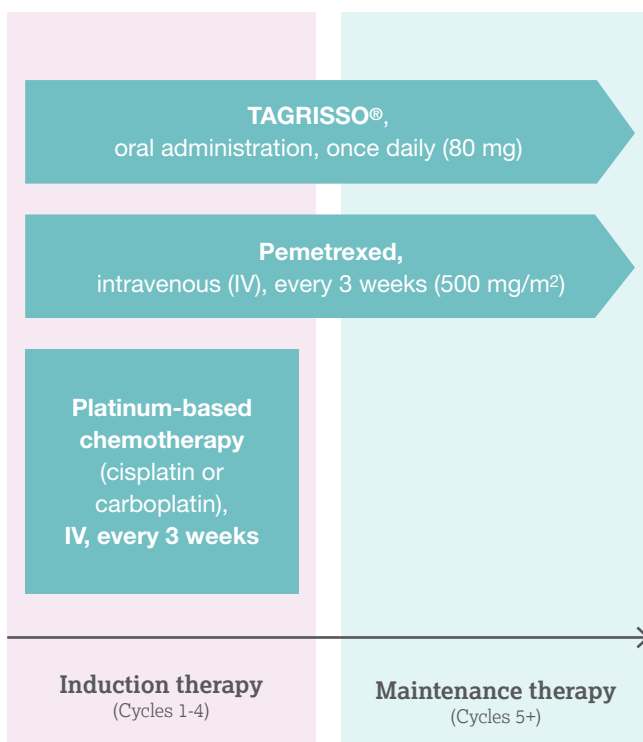
You are receiving TAGRISSE<sup>®</sup> in combination with chemotherapy. The following summarizes information about the therapy and provides helpful tips on side effects. Please also refer to the information on TAGRISSE<sup>®</sup> in the package leaflet included with each medication box, as well as the package leaflets for the chemotherapy.

### Why am I receiving TAGRISSE<sup>®</sup> + chemotherapy?

TAGRISSE<sup>®</sup> may have been prescribed to you because your lung cancer has a specific genetic characteristic (mutation). You are receiving chemotherapy in addition, because your physical health allows this.

### How does the combination therapy work?

TAGRISSE<sup>®</sup> is taken as a tablet (orally) once daily. The chemotherapy consists of two components: Pemetrexed and carboplatin or cisplatin. You will receive these intravenously every three weeks. Platinum-based chemotherapy with carboplatin or cisplatin ends after a maximum of four cycles – i.e., three months. TAGRISSE<sup>®</sup> and pemetrexed are then continued in the so-called maintenance therapy.



### How do I take TAGRISSE<sup>®</sup>?



Take one 80 mg tablet once a day. Swallow the tablet whole with plenty of water. Do **not** crush, split, or chew the tablet.



Take the tablet at the same time every day.



You can take the tablet with or without meals.

For more information about taking TAGRISSE<sup>®</sup>, please refer to the package insert.

### How much TAGRISSE<sup>®</sup> should I take?

The recommended dosage is one 80 mg tablet once daily. If necessary, your doctor may reduce the dose to one 40 mg tablet once daily.

### What do I do if I've...

#### ... forgotten to take TAGRISSE<sup>®</sup>?

- Make a note of the date.
- If you need to take the next dose in more than 12 hours, take the missed tablet as soon as you notice you've missed it. Do not take the tablet if the next dose is due in less than 12 hours.
- Take your next normal dose at the usual time.

#### ... taken too many tablets?

- Contact your doctor or the nearest hospital immediately.

## What are the possible side effects?

Like all medicines, the respective components of the combination therapy can have side effects, although not everyone gets them.

Tell your doctor if you notice anything unusual or have any discomfort, even if you notice side effects that are not listed here or in the package insert. Tell your doctor immediately if you notice one or more of the following side effects:

- Sudden shortness of breath with cough and fever
- Reddish target-like skin discoloration or circular patches, peeling of the skin or ulcers, which may have been preceded by fever and flu-like symptoms
- Fast or irregular heartbeat, dizziness, lightheadedness, chest tightness, shortness of breath, or fainting
- Watery eyes, sensitivity to light, eye pain, eye redness, or impaired vision
- Persistent fever, bruising or increased tendency to bleed, increasing fatigue
- Shortness of breath, fatigue, and swelling of the ankles

For a complete list of all known side effects, please refer to the package insert for each product.

## Very common side effects of combination therapy\*



Diarrhea, nausea, or vomiting



Stomatitis (inflammation and ulceration of the oral mucosa)



Fatigue



Loss of appetite



Reduction in the number of platelets and white blood cells (leukocytes, lymphocytes, or neutrophils), anemia, increase in liver enzymes AST and ALT, and increased blood levels of creatinine



Skin and nail disorders (pain, itching, dry skin, rash, redness)

### Information

As a rule, the frequency and severity of side effects decrease after completion of platinum-based chemotherapy.

\* Side effects that occurred in at least 10% of subjects in the pivotal study.<sup>1</sup>

## What can I do about the side effects?

### Diarrhea

- To compensate for fluid loss, you should drink 2-4 liters per day.
- In the case of acute diarrhea, eat easily digestible foods (e.g., bananas or cooked potatoes).

### Nausea and vomiting

- Your healthcare team may prescribe medications to treat nausea and vomiting (antiemetics).
- Eat small portions throughout the day.
- Suck on a fruit popsicle or an ice cube.

### Inflammation of the oral mucosa

- Perform oral care as directed by your doctor.
- Rinse your mouth at least after each meal with water or salt water (½-1 tsp/liter of water).

### Skin changes

- If your skin is dry, cracked, or scaly, use moisturizing or even oil-replenishing skin care products that are fragrance-free to help prevent additional skin irritation.

### Fatigue

- Exercise and physical activity help reduce fatigue and exhaustion. Set a "movement alarm" and go for a walk every day. Short walks are perfectly adequate.
- Accept help offered by your friends and family, or ask for support in managing challenging tasks.

## What else do I need to know?

- Do not take St. John's Wort (*Hypericum perforatum*) while taking TAGRISSO®.
- During treatment with TAGRISSO®, prevent pregnancy by using effective contraception. Inform your doctor immediately if you are pregnant, think you might be pregnant, or are planning to become pregnant.
- Do not interrupt treatment without consulting your doctor.

**Additional support:**  
Information on pharmaceutical services  
(advanced medication consultation  
by your participating pharmacy)  
can be found here:



You can find additional information about the disease here: [www.lungenkrebs.de](http://www.lungenkrebs.de)